

Upper Midwest Collegiate Sprints  
Creighton University  
April 13<sup>th</sup>, 2008

It is time again for the Upper Midwest Collegiate Sprints. After a great year of racing last year we are hoping for a repeat with the weather and conditions. Creighton University invites you to participate in the Upper Midwest Colligate Sprints on Sunday April 13<sup>th</sup>, 2008 on Carter Lake in Omaha, NE. This will be an event for the smaller schools throughout the Midwest. We will have races for men, women, novice and lightweights.

This packet includes the following information:

- Regatta Information
- Entry forms
- Kiewit Fitness Center (overnight accommodations) request forms
- Line-up Form
- Waivers

If you have any other questions concerning the regatta, please feel free to contact Daniel Chipps at (402)280-1817 or by e-mail [dchipps@creighton.edu](mailto:dchipps@creighton.edu)

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Tentative event Schedule

<u>Time</u>	<u>Event</u>
7:30	Coaches & Coxswains meeting
8:30	W1wt8+
8:45	MN4+
9:00	WN8+
9:15	MV4+B
9:30	W2-
9:45	MV4+A
10:00	WV4+A
10:15	MN8+
10:30	WV4+B
10:45	BREAK
11:00	WN4+B
11:15	M2-
11:30	WN4+A
11:45	MLwt4+
12:00	WLwt4+
12:15	BREAK
12:30	MV8+
12:45	WV8+
1:15	AWARDS

**In case of more entries than lanes the 8+'s will be heated and the 4+'s will not be heated.**

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**Entry Packet**

**Entry fees:**

2- \$25.00  
4+ \$40.00  
8+ \$60.00

Please make check payable to Creighton University Women's Rowing

**Entry Deadline:**

All entries must be received by April 7<sup>th</sup>, 2008 Please Mail to  
Daniel Chipps  
Creighton Athletics  
2500 California Plaza  
Omaha, NE 68178

Or fax to (402)280-5596 Attention: Daniel Chipps

**Event Specifications**

**Novice:** Any rower or coxswain who has been competing on the collegiate level for one year or less as of April 13th, 2008.

**Lightweights:** Must be a maximum of 135 pounds for women and 165 pounds for men.

**Accommodations:**

The Kiewit Fitness Center located on the Creighton University campus is available for overnight accommodation. If you would **prefer** to stay at a hotel, please find one near Eppley Airfield. (Airport Code: OMA)

**Boat and Trailer Storage:**

Boats and trailers can be stored at Carter Lake on the night of April 12th.

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**Awards and Medals:**

Medals will be given to the top three finishers in each event. A plaque will be given to the top finisher in each event. Team trophies will be given to the team with the highest point total for both men and women.

**Meeting:**

The coach's coxswains meeting will be held at dockside at 7:30 a.m. on Sunday April 13<sup>th</sup>, 2008.

**Practice:**

The course will be open for practice on Saturday April 12<sup>th</sup>, 2008 beginning at 2:00 p.m.

**Bow Numbers:**

Every Team is responsible for bringing their own bow numbers. Remember you might be in the same lane two races in a row so make sure you have enough bow numbers. A good rule of thumb is bring a set of numbers for every three shells you plan to race.

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Entry Form

School:

Contact:

Name:

Address:

Phone Number:

E-mail:

Fax Number:

Entries:

Number of 8's \_\_\_\_\_ X \$60.00 = \_\_\_\_\_

Number of 4's \_\_\_\_\_ X \$40.00 = \_\_\_\_\_ Total: \_\_\_\_\_

Number of 2-'s \_\_\_\_\_ X \$25.00= \_\_\_\_\_

Event

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Kiewit Fitness Center

Accommodation request Form

School:

Number of Athletes and Coaches:

Arrival Time:

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Crew Line-Ups

Event Title: \_\_\_\_\_

Name of Organization Submitting Entry: \_\_\_\_\_

Please print or type competitors' names:

	First Name	Last Name
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
Cox	_____	_____

Contact Person \_\_\_\_\_ Day Phone#: \_\_\_\_\_  
(This is the person to whom all correspondence will be sent.)

Address: \_\_\_\_\_

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**This is the USRowing WAIVER, which should be copied for your use.**

IN CONSIDERATION of being given the opportunity to participate in the **Upper Midwest Colligate Sprints**, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. FULLY UNDERSTAND that: (a.); ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks."); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes palace, or the negligence of the Releases names below; (c.); there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has bee corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue Schuylkill Navy, USRowing, the Regatta, , their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessons of premises, on which the Activity takes place, (each considered on of the Releases herein) from

all liability, claims, demands, losses or damages on my account caused or allege to be caused in whole or in part by the negligence of the Releases or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY< SAVE AND HOLD HARMLESS each of the Releases, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim. **I have read this agreement, fully understand its terms, understand that have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional Release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.**

**Printed Name of Participant:**

**Date:**

**Address:**

**Phone:**

**Signature (only if age 18 or over)**

**PARENTAL CONSENT**

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releases from all liability, claims, demands,

losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releases from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

**Printed Name of Parent/Guardian:**

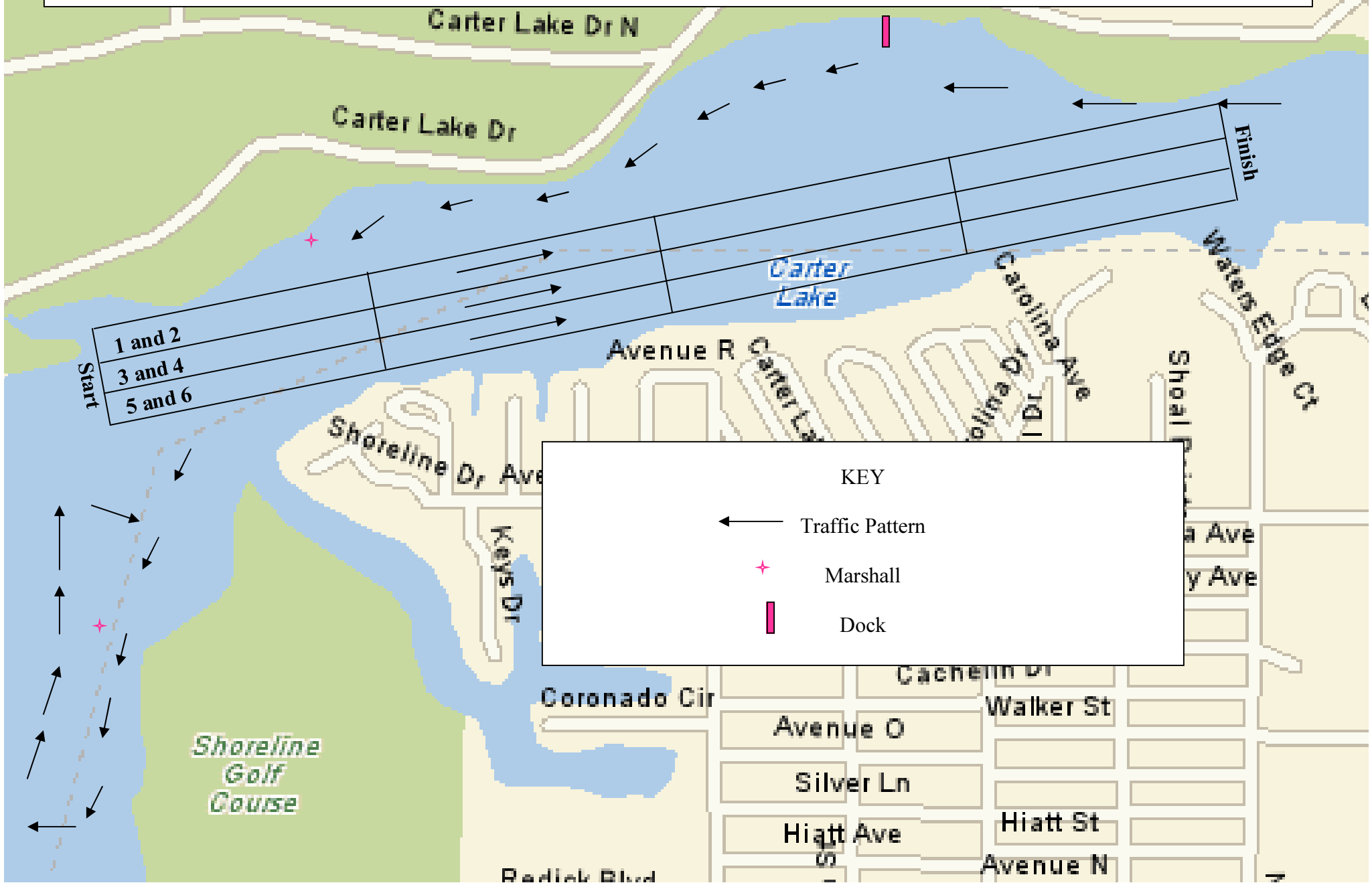
**Date:**

**Address:**

**Phone:**

**Parent/Guardian Signature (only if participant is under the age of 18):**

**Upper Midwest Collegiate Sprints  
Carter Lake  
Omaha, NE  
Creighton University**



**KEY**

- ← Traffic Pattern
- ★ Marshall
- █ Dock